



My 4-H Project Report



4•H Level: SENIOR

Name:

Years in 4•H:

Age:

This is me!

[InsertPhotoHere]

I want to be considered for **COUNTY MEDALS** in these projects:

Note: Maximum of 3 projects may be turned in per 4-H year for award recognition.

PROJECT NAME

YEARS IN PROJECT

This is a true record of my 4•H work for this year.

4•H Club Member _____ 4•H Parent _____

I have reviewed this record book _____
4•H Club Leader Date signed

PLEASE KEEP ALL PAGES OF THIS REPORT TOGETHER (PAGES 1-10).

4•H PROJECT REPORTS

Seniors (14•18)



(5 points) **GOALS:** These are the goals or what I wanted to accomplish this year. Check Y or N if you achieved the goal. List at least one goal for every project you completed this year.

Project	Goal	Achieved Goal:
Ex: Dog	Example: the characteristics of the 5 different breeds of dogs.	Yes

4-H PLEDGE
 I pledge my **HEAD** to clearer thinking,
 my **HEART** to greater loyalty,
 my **HANDS** to larger service,
 and my **HEALTH** to better living,
 for my club, my community,
 my country, and my world.



(2points) CLUB MEETING ATTENDANCE

Total number of club meetings you attended each month.

	SEPT	OCT	NOV	DEC	JAN	FEB	MAR	APR	MAY	JUNE
# of Club Meetings										

(5points) DEMONSTRATIONS & EXHIBITS

List all the demonstrations & exhibits you did in your completed projects. Try to do a demo and an exhibit in each project. List the level: **L** = club, **C** = county, **D** = district.

DATE	EVENT	LEVEL	TITLE/DESCRIPTION	PROJECT
Example: 03/22/15	Central Florida Fair	C	"Camera" Game Board/exhibit	Photography

(5 POINTS) LEADERSHIP SUMMARY

Please list leadership positions held at your Club, County, District and State level.

POSITION HELD	LEVEL

(5 points) PROJECT AWARDS & HONORS

List project related awards you won in 4•H. Make sure to list ribbons, rosettes, medals, trophies and premiums you received from exhibits and shows. You may also list trips or scholarships if they were given to you as an award for something that you did in your completed projects.

Level: **L** = Club; **C** = County; **D** = District; **S** = State; **N** = Regional or National

DATE	ACTIVITY	LEVEL	AWARD	PROJECT AREA
Example: 01/22/15	District Events/Demonstrations	D	Blue & Purple award	Dog

(5 points) COMMITTEE SUMMARY

List all the 4•H committees that you were a part of this past year and the level of the activity.

COMMITTEE NAME	LEVEL

(2 points) **CAREER EXPLORATION**

List career exploration activities in completed projects.

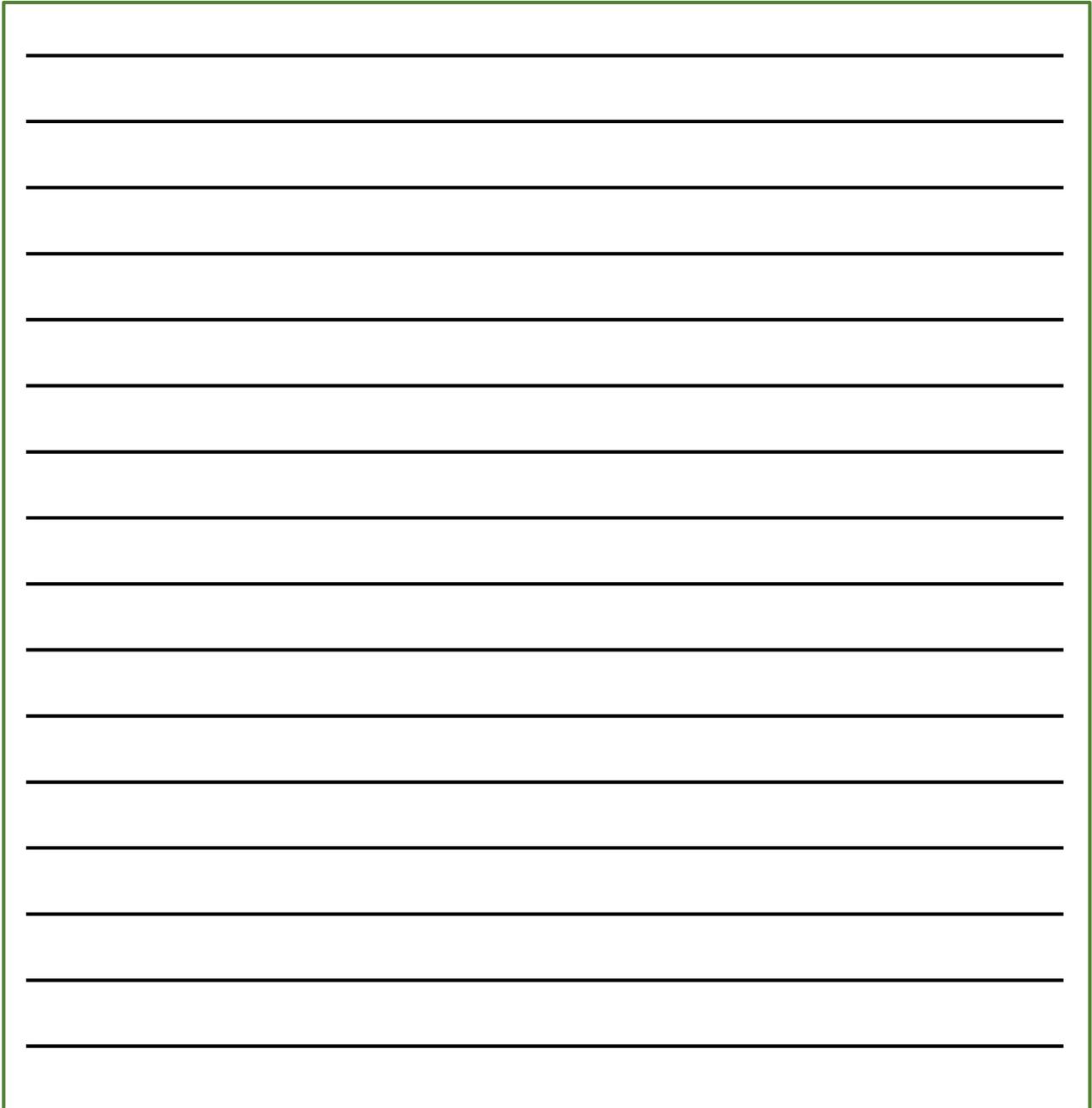
DATE	ACTIVITY	PROJECT AREA

(1 point) **4-H PROMOTION**

Tell how you have promoted or publicized 4-H (news articles, talks, exhibits on 4-H, displays, radio, letters or visits with officials, etc.):

(15 points) YOUR 4-H STORY

Explain your full 4-H experience this past year. Describe your overall participation in your club related to your projects, special events, and competitions. In addition, include a paragraph about each of your 4-H projects, one paragraph per project. Please use complete sentences. You can attach another page if you need more room.

A large rectangular box with a green border, containing 20 horizontal black lines for writing. The lines are evenly spaced and fill most of the box's interior.

