



My 4-H Project Book



4-H Level: JUNIOR

Name:

Years in 4-H:

Age:

This is me!

[Insert Photo Here]

I want to be considered for **COUNTY MEDALS** in these projects:

PROJECT NAME

YEARS IN PROJECT

This is a true record of my 4-H work for this year.

4-H Club Member _____ 4-H Parent _____

I have reviewed this record book _____
4-H Club Leader Date signed



4-H PROJECT REPORTS

Juniors (8-10)



Name:

4-H Year:

This year I completed the following projects:

Example: Dog

(5 points) This year in 4-H I want to learn:

Check box if you accomplished this year:

Example: the characteristics of the 5 different breeds of dogs.

(5 points) I like being a 4-H member because:



(5 points) CLUB & PROJECT ATTENDANCE

List the total number of club & project meetings you attended each month.

	SEPT	OCT	NOV	DEC	JAN	FEB	MAR	APR	MAY	JUNE	JULY	AUG	TOTAL
CLUB													
EXTRA PROJECT MEETINGS													

(5 POINTS) CITIZENSHIP

List project related 4-H citizenship activities for this year. Level: L = Club; C = County; D = District; S = State

DATE	LEVEL	ACTIVITY	# HOURS SERVED
Example: 01/22/15	L	Collected dog food for the local animal shelter.	3 hours

(5 points) COMMITTEES & OFFICES

This year I was on the following committees OR was elected to the following offices:

Example: Served on the club T-shirt committee.

4-H PLEDGE
 I pledge my **HEAD** to clearer thinking,
 my **HEART** to greater loyalty,
 my **HANDS** to larger service,
 and my **HEALTH** to better living,
 for my club, my community,
 my country, and my world.



(5 points) DEMONSTRATIONS & EXHIBITS

Did you make a game board for the Fair, enter 4-H Exhibit Day, or do a demonstration in your club or at the County Events? List all your demonstrations & exhibits in your completed projects. Try to do a demo and an exhibit in each project. List the level: **L** = club, **C** = county, **D** = district.

DATE	EVENT	LEVEL	TITLE/DESCRIPTION	PROJECT
Example: 01/22/15	County Events	C	"Breeds of Dogs"/Demonstration	Dog

(5 points) PROJECT AWARDS & HONORS

List project related awards you won in 4-H. Make sure to list ribbons, rosettes, medals, trophies and premiums you received from exhibits and shows. You may also list trips or scholarships if they were given to you as an award for something that you did in your completed projects.

DATE	ACTIVITY	LEVEL	AWARD	PROJECT AREA
Example: 01/22/15	District Events/Demonstrations	D	Blue & Purple award	Dog



